

A BRIEFING FOR CLINICIANS · SHARE WITH YOUR WARD

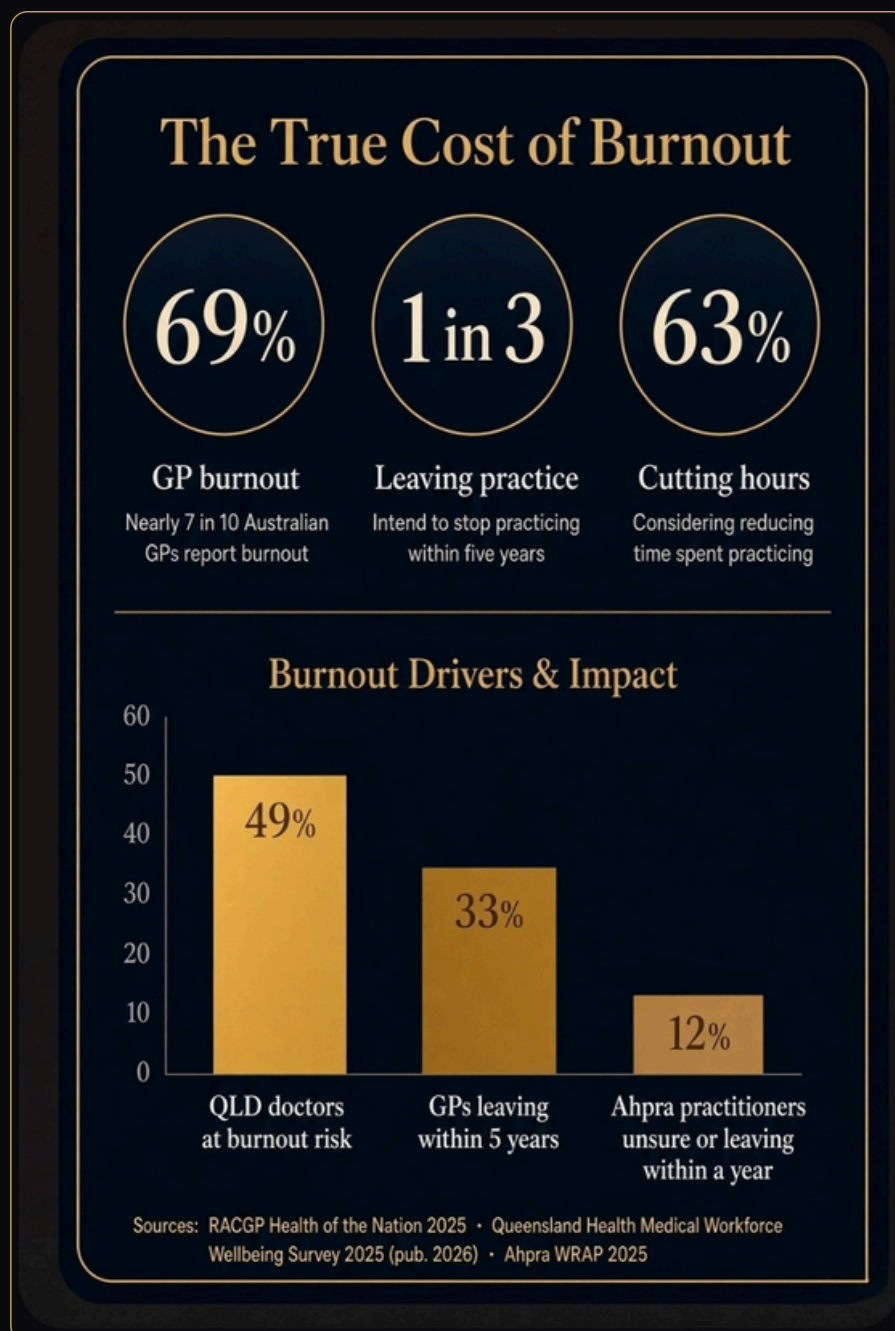
This is not a wellbeing poster. It is a staffing brief.



If clinician wellbeing is still filed under “nice to have,” the numbers on this card disagree. Fifty-two percent. Fourteen billion dollars. Two and a half times more likely to leave. That is not a motivation problem. It is an unmeasured load walking off the roster.

Why this card must leave the tea room

- It names the cost in language a Director of Nursing can take into a budget meeting — rate, dollars, turnover — not another slogan about resilience.
- It puts the drivers your people already know on one page: long shifts and short staff, on-call fatigue, administrative load, emotional load. The pattern stops being a corridor conversation.
- It gives the ward a reason to open the eight-pillar map next. Burnout is not one breaking point. It is eight small deficits that never make the incident report.



But it doesn't have to stay this way. MarisMetrics gives you the clarity and control to track your 8 pillars & HCP-specific biomarkers and reclaim your edge — daily.

START THE FREE ASSESSMENT

ProQOL

MarisGraph is the assessment MarisMetrics is the app.
A check-in, not a diagnosis. · e7DOC Pty Ltd

Sources on the card: Australian Medical Association 2025, Mental Health Australia, UNSW Business Think 2025. General wellness insight only — not medical advice.